

Queensland Race Walking Club Inc.

Building on a fine tradition of race walking, 68 years in the making.



February 15th 2024

Queenslanders shine at the National Road Walks

A wonderful effort all round from the nine Queensland representations at the AA Road Walk Championships in Adelaide last weekend. Each and every competitor can feel proud of their achievements. There were many personal bests recorded on the day.

Congratulations to Isabella Welch (U14 3km 18:12) and Milly Sharpe U18 5km 26:53 PB) on winning their respective events. Taylah Morris was 5th in the U18 5km in 30:55.

The Men's U20 10km saw the hottest competition of the day with possibly the most talented U20 field ever assembled in this country. Bailey Housden continued on his amazing season with a time of 43:22 to finish 5th. Sam McCure recorded yet another PB finishing 6th in 44:13. Alex Bradley has improved in every race this season and again recorded a big PB with a time of 53:54 for 7th place. In the women's U20 10km Mia Bergh came home 8th in 58:44.

The first race of the day and the longest saw Tayla Billington record a PB time of 1:36:27 for 8th place in a very competitive international field. Masters' athlete Kirstin Shaw walked 2:07:23 for 19th place. Congratulations to you all.

Jemima Montag, wins sixth consecutive Australian 20km

Report by Lachlan Moorhouse, Athletics Australia

A blockbuster weekend of Australian athletics in Adelaide has been capped off by an Oceania record from Jemima Montag, who strolled to her sixth consecutive Australian 20km Race Walk title alongside men's champion Kyle Swan as the Chemist Warehouse Summer Season commenced in scorching fashion. World Championships silver medallist Montag made a triumphant return to the 20km race walk when contesting the event for the first time since Budapest, setting a new Australian record of 1:27:09 to better her previous mark of 1:27:16 at the World Athletics Racing Walking Tour Silver meet.

Charging away from a slick field including Olympic silver medallist Lorena Arenas (1:27:25, COL) and four-time world champion Liu Hong (1:27:44, CHN), Montag set up her Paris Olympic campaign with a statement victory over the world's best.

"I really did have to lift today. The two women behind me were silver and bronze in Tokyo, so it was a great opportunity. It's not just a National Championships anymore, it's a silver label, high-quality meet," Montag said. "I was not expecting the move at 13.5km by my Colombian teammate, it was quite abrupt. My brain definitely told me to give up and let her

go, but in track and field you need to be flexible with your plan - I didn't want to let her get too far ahead and regret it later."

Returning to the site of her first Australian record of 1:27:27 in 2022, the shift in mindset from Montag demonstrated her increased focus on racing rather than clock-watching:

"I was really trying to think one lap at a time, I couldn't even really see the clock which is a really good thing. Two years ago when I broke the national record for the first time, all I thought about was the time which made me really tense and up tight," Montag said.

The Australian silver and bronze medals went to Rebecca Henderson (1:30:40,) and Olivia Sandery (1:30:52) respectively, while Kyle Swan raced to the Australian men's title as he reigned supreme over 20km in 1:19:52. "I'm very happy with that, I like to race quite aggressively and I had the form to do that today. If anyone was going to beat me, they would have to walk sub-80 minutes to do it, so I just stuck to my strengths," Swan said.

Line honours were clinched by Canada's Evan Dunfee in 1:19:23, who continued his contributions to raising the standard of race walking down under. "Evan is a really classy walker, he has won medals at the World Championships and Olympics, so to hang in there with him – I was really happy with that. I remember training with him when I was 16 and being inspired, so to go out and race with him like that was really fulfilling," Swan said. Silver went to Rhydian Cowley in 1:21:01, while Timothy Fraser continued his breakthrough season with bronze and a walk of 1:22:03.

16-year-old Isaac Beacroft bounced back to form with yet another Australian Under 18 record in the walking ranks, breaking away from his rivals in the Under 20 Men's 10km event when carving 57-seconds off the record with a walk of 41:39. The performance brings Beacroft one step closer to his Australian debut as the 2024 World Athletics Race Walking Teams Championships to be held in Turkey this April, with Australia's junior walks depth shining as Alexandra Griffin took out the Under 20 Women's 10km in 47:59.

RESULTS RESULTS RESULTS

AA Road Walk Championships

Men's 20km

- 1 Evan DUNFEE 1990 CAN 1:19:23 SB
 - 2 Kyle SWAN 1999 VIC 1:19:52
 - 3 Rhydian COWLEY 1991 VIC 1:21:01
 - 4 Timothy FRASER 2000 ACT 1:22:03 PB
 - 5 Marius ŽIŪKAS 1985 LTU 1:22:15 SB
 - 6 Will THOMPSON 2002 VIC 1:23:03
 - 7 Leo KÖPP 1998 GER 1:25:22 SB
 - 8 Artur MASTIANICA 1992 LTU 1:25:49 SB
 - 9 Carl GIBBONS 1996 NSW 1:26:25
 - 10 Dylan RICHARDSON 2000 NSW 1:28:54
 - 11 Jack MCGINNISKIN 2002 NSW 1:32:05 PB
 - 12 Kim MOTTROM 1984 SA 1:38:42
 - 13 Chun Hung TSE 1981 HKG 1:41:20
 - 14 Geromi TUCKER 2003 VIC 1:59:17
- Mitchell BAKER 2001 ACT DNF
Edmund SIM 1983 SGP DNF
Corey DICKSON 2002 VIC DNF-
Fraser SAUNDER 2004 VIC DNF

Women's 20km

- 1 Jemima MONTAG 1998 VIC 1:27:09 PB
- 2 Sandra ARENAS 1993 COL 1:27:25 PB
- 3 Hong LIU 1987 CHN 1:27:44 SB
- 4 Rebecca HENDERSON 2001 VIC 1:30:40
- 5 Olivia SANDERY 2003 SA 1:30:52
- 6 Hannah MISON 2001 NSW 1:35:27 PB
- 7 Elizabeth MCMILLEN 2004 NSW 1:36:12 SB
- 8 **Tayla BILLINGTON 1997 QLD 1:36:27 PB**
- 9 Allanah PITCHER 2003 NSW 1:37:23
- 10 Austeja KAVALIAUSKAITE 2000 LTU 1:37:39 PB
- 11 Hannah BOLTON 2003 NSW 1:39:09 PB
- 12 Alanna PEART 2003 VIC 1:39:26 PB
- 13 Kate SIVIOUR 2000 VIC 1:40:38 PB
- 14 Laura LANGLEY 1997 NZL 1:41:42 PB
- 15 Samantha FINDLAY 1997 SA 1:43:34
- 16 Bridget BELL 2002 NSW 1:45:22 PB
- 17 Arnika NELSON 2003 NZL 1:50:56 PB
- 18 Char HAY 2003 AUS VIC 1:54:22
- 19 **Kirstin SHAW 1991 QLD 2:07:23 SB**
Priyanka GOSWAMI 1996 IND DNF
Clémence BERETTA 1997 FRA DNF

Boys 10km U20

- 1 Isaac BEACROFT 2007 NSW 41:39 PB
- 2 Riley COUGHLAN 2007 VIC 42:05 PB
- 3 Will BOTTLE 2005 SA 42.40 PB
- 4 Marcus WAKIM 2006 WA VIC 43:07
- 5 **Bailey HOUSDEN 2007 QLD 43:22**
- 6 **Sam MCCURE 2006 QLD 44:13 PB**
- 7 **Alex BRADLEY 2006 QLD 53:54 PB**
- John RONAN 2007 WA DNF
- Owen TOYNE 2007 ACT DQ TR54.7.5

Girls 10km U20

- Alexandra GRIFFIN 2005 WA 47:59 PB
- 2 Zoe WOODS 2007 NSW 48:57 PB
- 3 Nellie LANGFORD 2005 SA 49:45
- 4 Sienna PITCHER 2007 NSW 50:43 PB
- 5 Chelsea ROBERTS 2006 NSW 50:49 PB
- 6 Maddison NASH 2006 VIC 52:32
- 7 Daisy BRAITHWAITE 2006 SA 57:12
- 8 **Mia BERGH 2005 QLD 58:44**
- 9 Jasmine CRABB 2006 SA 1:09:37

Girls 3km U14

- 1 **Isabella WELCH 2012 QLD 18:12 SB**
- 2 Adele WOODWARD 2012 TAS 22:05

Boys U18 5km

- 1 Kodi CLARKSON 2008 ACT 22:18 SB
- 2 Samuel LINDSAY 2008 TAS 22:59 SB
- 3 Oliver MORGAN 2007 TAS 25:01
- 4 Sebastian RICHARDS 2008 SA 25:37 SB
- 5 Cooper RECH 2007 SA 26:26

Girls U18 5km

- 1 Milly SHARPE 2008 QLD 26:53 PB
2 Kaytee BOGAERS 2008 WA 27:26 SB
3 Angelina LEGRAND 2008 SA 27:34
4 Grace BECK 2008 NSW 28:12
5 Taylah MORRIS 2007 QLD 30:55
Katie DE RUVO 2007 SA DNS
Elise SCOTT 2008 SA DNS

Girls U16 5km

- 1 Matilda RECH 2010 SA 34:58 PB

QMA 3000 Metre Race Walk Championships

- 1 Gannon, Brenda W49 17:54.60 (16:19.50 71.50%)
1 Dale, Joy W52 21:59.77 (19:07.28 61.04%)
1 Woodward, Erika W57 18:27.63 (15:16.24 76.44%)
1 McKinven, Noela W81 25:53.98 (16:01.76 72.82%)
1 Patterson, Adam M51 20:58.81 (18:58.10 56.86%)
1 Jimenez Solis, Ignacio QMA 15:05.24 (13:04.30 82.51%)
1 Bennett, Peter M68 18:53.44 (14:53.61 72.42%)
1 Sela, Patrick M84 26:27.46 (17:36.78 61.23%)

1500 Metre Race Walk

- Stott, Emma W42 12:34.12
Woodward, Erika W57 8:57.79
McKinven, Noela W81 12:56.90
Bennett, Peter M68 9:17.19
Sela, Patrick M84 12:54.99

QRWC GRANT SUCCESS Qld Government Active Women & Girls Programme

The program is dedicated to encouraging greater participation across all facets of sport and active recreation, from playing to coaching and volunteering to umpiring and team management. Funding can be used across a range of focus areas, such as volunteer training, resources, equipment or creating more participation opportunities for women and girls within clubs, communities and organisations.

Dear Mr. Bennett

Thank you for submitting an application under the Active Women and Girls program.

I am pleased to advise that Queensland Race Walking Club Inc has been approved \$7,500 (GST exclusive) under Active Women and Girls.

Congratulations on your successful application and I wish you all the best with your project.

Yours sincerely



Hon Michael Healy MP
Minister for Tourism and Sport
P 07 3719 7560 E Tourism@ministerial.qld.gov.au
1 William Street Brisbane QLD 4000
PO Box 15168 City East QLD 4002

THIS WEEK

Dane Bird-Smith Shield & Old 10,000 metre Race Walking Championships

Saturday February 17th
QSAC Main Stadium

Schedule

7.10pm 3,000 metres Walk

7.40pm 10,000 metres walk Championships

registration here <https://www.revolutionise.com.au/qldathletics/events/212683/>

Entry Closing Date: Friday 16/02/2024 at 9:00am

[Queensland Athletics \(qldathletics.org.au\)](http://Queensland Athletics (qldathletics.org.au))

10,000 Metre Championship entrants as at 15.02.24

Women

Phoebe Chadwick

Mia Bergh

Lyla Williams

Milly Sharpe

Taylah Morris

Lily Housden

Brenda Gannon

Ona Olarinde

Katya Martin

Tayla Billington

Men

Scott Hyland

Sam McCure

Alex Bradley

Kai Dale

Bailey Housden

On Saturday morning, February 17th at [Queensland Masters Athletics](#)
The 3,000 metre walk is scheduled to start at 8.10am.

COMING UP

QLAA Race Walking Opportunity March 3rd

Race Walking events will be held on the SAF track, Sunday morning (3rd March), prior to the QLA Combined Events Championships.

Little Athletics athletes nominations via your ResultsHQ family portal, event not available to non LAQ members

Important Information

- First event (1,500m) will commence at 7:30am, followed by the 1,100 (U10-11s) and then the 700m (U9s)
- It is anticipated that there will only be one race per distance – to be confirmed on the day.
- The Call Room will be situated on the grassed area near the 1,500m start line.
- The Call Room will open at 7:10am – ALL nominated athletes should be reporting to the Call Room by 7:15am
- Athletes will be timed and judged per LAQ competition rules.

- There will be no medals as the focus is on it being a development exercise. Athletes MUST compete in approved Centre Uniform.
- There will be a \$10.00 fee to participate in the event.

QMA State Championship

Saturday 9th March QSAC Nathan - SAF

8.00am M30+ W30+ 5000m Walk

Sunday 10th March

9.00am M/W30+ 1500m Walk

Entries close Thursday 29 Feb 6 pm.

THIS WILL BE ON-LINE ENTRIES ONLY.

Members of other QA Clubs (30+) are welcome to enter.

All entrants will need their National Member ID# to enter.

<https://www.revolutionise.com.au/qldmastersathletics/events/224723>

Track Season 2024

QA State Championships March 14-17th SAF Main Track

Entries close at 9.00am on Monday the 4th of March.

There are **NO LATE ENTRIES**.

[127th Queensland Athletics Championships - Queensland Athletics - revolutioniseSPORT](#)

Saturday March 16th

8:30am 3000m Walk Finals U13 - U16 Female

9:00am 3000m Walk Finals U13 - U16 Male

Sunday March 17th

8:30am 5,000m Walk Final U17/U18 Female

8:30am 5,000m Walk Final U17/U18 Female

24th February 2024 Saturday

9.00 1500m run/walk

25th February 2024 Sunday

8.15 3000m Run/Walk

9.30 800m Run/Walk

Saturday 9th March

8.00am M30+ W30+ 5000m Walk **QMA State Championship**

Sunday 10th March

9.00am M/W30+ 1500m Walk **QMA State Championship**

24th March 2024

8.00 3000m Run / Race Walk

QRWC 2024 ROAD WALK SEASON **DRAFT ONLY** AS AT 10.02.2024

Thank you to members who have provided feedback on the development of the winter road walk programme. We now have dates and venues pencilled in for the first half of the season .

You can keep up to date with changes and additions to the programme at the club website

[Calendar Programme \(qrwc.com.au\)](http://qrwc.com.au)

MONTH	DATE	EVENT	VENUE	TIME
February	10	QMA 3,000 Metres Championships	SAF	
	11	AA 20KM & Age Road Walk C/Ships	Adelaide SA	
	17	QA 10,000 metres Track C/ships	SAF	
March	3			
	9-10	QMA Track Championships	SAF	
	14-17	QA Track Championships	Main Track QSAC	
	22-24	QLAA State Championships	QSAC	
	29 -1	AMA National Championships	Hobart	
	31	Easter Sunday	No competition	
April	7	QRWC Sign On Meet /AGM	Kalinga Park	TBC
	11-19	AA U14-Open Track Championships	Adelaide SA	
	14	No Club Competition		
	21	QRWC Handicap Meet 1	Beenleigh	8.00am
	28	QRWC Handicap Meet 2	Yeronga	8.00am
May	5	Gold Coast Championships	Mudgeeraba	8.00am
	12	Mother's Day	No club competition	
	19	QRWC Handicap Meet 3	Capalaba	7.30am
	26	QRWC Handicap Meet 4	North Lakes	8.00am
June	2	QRWC Handicap Meet 5	Yeronga	8.00am
	9	LBG Federation Meet	Mt Stromlo Canberra	
	16	QRWC Handicap Meet 6	Mudgeeraba	8.00am
	23	QRWC Handicap Meet	TBA	
	30	QRWC Handicap Meet	TBA	
July	7	Gold Coast Marathon	Southport	
	14	RWA Postal Challenge	Beenleigh	
	21	QRWC Handicap Meet	TBC	
	28	QRWC Track Championships	TBC	
August	4	QA Road Walk Championships	TBC	
	11	QRWC Handicap Meet	TBC	
	18	QRWC Club Championships	TBC	
	25	2 ND RWA Federation Meet	Melbourne	
September	1	Father's Day		
	8			
	15			
	22			



Tasmanian Masters Athletics is excited to announce that the Australian Masters Athletics National Track and Field Championship will be held in Hobart, Tasmania in 2024.

Registrations Now Open [Register - amahobart2024.com.au](http://amahobart2024.com.au)

Final entries Close - Sunday 29 February 2024 at 9pm

No late entries can be accepted under any circumstances.

Venue: Domain Athletic Centre

Walk Schedule

Friday March 29th 1,500 metres

Saturday March 30th 5,000 metres

Monday April 1st 10km Road Walk

For more information go to amahobart2024.com.au

**Australian Athletics
Championships**

Adelaide | 11-19 April, 2024

Walks Programme

Thursday April 11th

9.00am 10000m Race Walk U20 Men

9.00am 10000m Race Walk Open Men

6.00pm 10000m Race Walk U20 Women

6.00pm 10000m Race Walk Open Women

Tuesday, 16 April

9.10am 5000m Race Walk U17 Men

9.10am 5000m Race Walk U18 Men

10.45am 5000m Race Walk U17 Women

10.45am 5000m Race Walk U18 Women

Wednesday, 17 April

1.50pm 3000m Race Walk U14 Men

1.50pm 3000m Race Walk U14 Women

4.45pm 3000m Race Walk U15 Men

4.45pm 3000m Race Walk U16 Men

Thursday, 18 April

10.30am 3000m Race Walk U15 Women

10.30am 3000m Race Walk U16 Women



RACE WALKING AUSTRALIA

AUSTRALIAN FEDERATION
OF RACE WALKING CLUBS

The QRWC is a member of the Australian Federation of Race-Walking clubs and there are two annual Federation Carnivals you are all encouraged to support. If you are able to travel interstate in 2024 to compete mark these in your calendar.

1st Federation Carnival

Sunday 9th June 2024 Stromlo Forest Park, Canberra
57th Annual Lake Burley Griffin Walking Carnival

2nd Federation Carnival

Sunday, August 25th, 2024. Melbourne
Race Walking Australia Winter Championships
Events from U10's to Masters

No details have been released but historically Federation carnivals present awards for individual, teams and handicap performances

2024 AMA 20km championships

Update from George White Secretary SA Masters Athletics Inc

I have decided to go with Sunday August 25th for this years AMA 20km walk championship. This date is when Victoria is hosting the National Open 20km event and is also the date of the 20km Walk at the World Championships in Gothenburg. This will allow anyone entering the Open event or the World Champs to also enter the AMA event as a postal entry. While we encourage everyone else to come to Adelaide for the event, we acknowledge that some cannot travel and I hope that all other states/territories will organise their 20km event on the same day. However, if this is not possible then in the two weeks prior and the two weeks following the 25th August, i.e. between Sat 10th August and Sunday 8th September.

WORLD ATHLETICS
RACE WALKING TEAM
CHAMPIONSHIPS
ANTALYA24

Antalya, Turkey April 21st 2024

This will be the second time that Turkey has hosted a World Athletics Series event, following the 2012 World Athletics Indoor Championships, held in Istanbul. Some 500 athletes from 50 countries are expected to compete in Antalya next year in what will be a qualifying event for the Paris Olympic Games.



QRWC to host 10km Road Walk at the 2024 Pan Pacific Masters Games

Pan Pacific Masters Games

REGISTRATIONS OPEN 1 MARCH 2024 (9AM QLD)

The venue will be the **Luke Harrop Cycle Circuit, Oxley Drive, Biggera Waters** (behind the Runaway Bay athletics track).

DATE CONFIRMED Sunday 10 November 7:00am start

Age is determined as at race day / Minimum age for competition is 30 years

Age Divisions 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95-99, 100+

The track and field competition is as scheduled below (most likely the 5,000 metres on the Friday and the 3,000 metres on the Saturday)

Friday 8 November estimated start time 9 am

Saturday 9 November estimated start time 10:30 am

Sunday 10 November estimated start time 10:30 am

WORLD ATHLETICS RACE WALKING TOUR 2024

24 FEB 2024 SPANISH OPEN 20KM CHAMPIONSHIPS ZARAGOZA ESP

03 MAR 2024 CHINESE RACE WALKING GRAND PRIX TAICANG CHN

09 MAR 2024 MARATHON RACE WALK MIXED RELAY TAICANG CHN

16 MAR 2024 43RD DUDINSKA 50 DUDINCE SVK

06 APR 2024 92ND PODĚBRADY WALKING PODĚBRADY CZE

05 MAY 2024 3RD KORZENIOWSKI RACE WALKING CUP WARSZAWA POL

11 MAY 2024 31ST GRANDE PRÉMIO INTERNACIONAL DE RIO MAIOR EM MARCHA ATLÉTICA RIO MAIOR POR

18 MAY 2024 XXXVII GRAN PREMIO CANTONES DE A CORUNA DE MARCHA LA CORUÑA ESP

25 MAY 2024 ZÁHORÁCKA DVADSIATKA BORSKY MIKULÁS SVK

06 OCT 2024 III GRAN PREMIO INTERNACIONAL FINETWORK MADRID MARCHA MADRID ESP

26 OCT 2024 LUSATIAN INTERNATIONAL RACE-WALKING MEETING ZITTAU GER

OLYMPIAD PARIS 2024

Walks Schedule

Thursday August 1st 7:30am 20km Race Walk Men

9:20am 20km Race Walk Women

Wednesday August 7th Marathon Race Walk Mixed Relay with 25 teams, each comprising one male and one female athlete, who will complete in four legs of approximately equal distance. Each athlete will complete two legs of just over 10km each, alternating male, female, male, female.

Note that, in Paris, there will be a cut off time of 3h20m and teams who have not completed the marathon distance will be classified at the position at which they cross the finish line after the cut-off time.

QRWC MEMBERSHIP 2023/24

Qld Racewalking Club is excited to announce that we have opened up our registration portal to members who wish to register with QRWC with a view to representing QRWC at QA meets in the coming year.

Our membership year will now commence in October each year to align with Qld Athletics' (QA) membership year. This will allow athletes wishing to compete at QA events representing QRWC, to take out a combined QRWC/QA membership in or after October each year. Once registered, athletes can represent QRWC at the various QA competitions held throughout the year, including the QA Road Walking Championships, QA Shield Meets and Qld Athletics Championships. Please note that QA offers 3 levels of membership. More information can be found at <https://cdn.revolutionise.com.au/site/qqmoo3oyiea1blrd.pdf>

Of course, for those athletes not wishing to compete at or represent QRWC at QA events, QRWC will retain the current membership options whereby only the QRWC club fee (ie. \$15 Student/\$25 Non-Student) will apply. This membership can be taken out at any time prior to the start of the QRWC winter season in April 2024.

All QRWC memberships taken out from this point onwards, irrespective of whether a QA membership is also included, will remain valid until September 2024 and will cover the traditional QRWC winter racewalking season.

	\$15.00	Students
Membership	\$25.00	non-students
Fee:	*club fee on top of Qld Athletics membership (Base \$12, Gold \$110, Platinum \$220)	

All our committee members, coaches, officials and volunteers are urged to register with QA for \$0 and to please check that your Blue Card is valid.

Our Volunteers – We need you to

For all our road walk and track meets we need the help of our members to set up and run the meets in a safe and organised manner. Please feel free to offer your services whether it be as a judge, timekeeper, setting out the course or helping to pack up. All assistance is greatly appreciated. We especially need lap scorers. If you would like to help out, please talk to any member of the Committee.

Everyone who helps out to run our events are volunteers who freely give up their time so that our athletes can race. Please treat them with respect and appreciation at all times and offer to assist them whenever possible. Without judges, timekeepers and lapscorers we don't have a race walk competition we just have a walk and no matter how fast you go your result will not be official or accepted for qualifying purposes. Judges are there to ensure no one gets an unfair advantage and to assist the athletes. If you get a caution or a report, use it as a learning

experience. Find out what you have done wrong from the judge and talk to your coach to see if you need to correct your technique. If you do nothing and just blame the judges, then you will never learn or get ahead in the sport.

Queensland Athletics Member Protection Policy

As a member of Athletics Australia, Queensland Athletics, an affiliated club or an individual member everyone is required to comply with the Queensland Athletics Member Protection Policy. We are committed to the health, safety and general well-being of all of our members and will work to ensure that everyone associated with our organisation complies with this policy. We would encourage all who are involved in athletics to familiarise themselves and comply with this policy.

You can read the full policy here

<http://www.qldathletics.org.au/Portals/50/General/QA%20Member%20Protection%20Policy%20-%20July%202015.pdf>

All our members, whether an athlete, coach, volunteer official or a parent should be aware of their obligations and responsibilities under these policies.

Who this Policy Applies To

This policy applies to the following, whether they are in a paid or unpaid/voluntary capacity:

- Parents, guardians, spectators and sponsors to the full extent that is possible.
- Individuals appointed or elected to boards, commissions, committees and sub-committees;
- Employees and volunteers; • Support personnel (e.g. managers, physiotherapists, psychologists, masseurs, sport trainers, etc);
- Coaches and assistant coaches (whether or not they are accredited)
- Athletes, coaches, officials and any other personnel participating in any teams, events and activities, including camps and training sessions, conducted or sanctioned by Queensland Athletics • Referees, judges and other officials.
- Members, including life members.
- Member associations and each of its members, including life members.
- Affiliated clubs and associated bodies of Queensland Athletics;
- Peak associations and other State bodies engaged in any form of athletics.
- Any other person or body that is a member of or affiliated to Queensland Athletics.

Code Of Conduct/Behaviour Queensland

Athletics requires every individual and body bound by this policy to: QA Member Protection Policy – July 2015

- 4.1 Be ethical, fair and honest in all their dealings with other people and Queensland Athletics;
- 4.2 Treat all persons with respect and courtesy and have proper regard for their dignity, rights and obligations;
- 4.3 Always place the safety and welfare of children above other considerations;
- 4.4 Comply with Queensland Athletics', Athletics Australia's, the IAAF's, the National and International Olympic and Paralympic Committees' constitution, rules and policies including this Policy;
- 4.5 Operate within the rules and spirit of the sport;
- 4.6 Comply with all relevant Australian laws (federal and State), particularly anti-discrimination and child protection laws;
- 4.7 Be responsible and accountable for their conduct; and
- 4.8 Abide by the relevant specific Codes of Conduct referred to in Part B of this Policy.

Racewalking Queensland Management Committee 2023/24

President: P Bennett

Vice President. J-R McRoberts
Secretary: N. McKinven
Treasurer P Sela/N McKinven
Committee: Shane Pearson, Joanne McRoberts, John McRoberts, Jas Blackburn, Megan Housden, Ignacio Jimenez
Patrons: Patrick & Maxine Sela
Registrar: S Dale / C Chadwick
Handicapper A Guevara / N McKinven
Uniforms: S Dale
Publicity / Media D Sibenaler
Results R Wales / N McKinven
Newsletter Editor: P. Bennett
Equipment Officer. Stephanie McCure plus Ignacio Jimenez & Noela McKinven
Canteen Convenor. Vacant, but to be by roster.
Club Captains: Jasmine-Rose McRoberts / Sam McCure

Race Walk Coaching

If you are looking for coach or would like to be part of a training squad here are the qualified coaches in the club:

Noela McKinven Walks Level 4
Robyn Wales Walks Level 3
Shane Pearson Walks Level 3
Steve Langley Walks Level 2
Jasmine-Rose McRoberts Level 2 Club coach
Argenis Guevara Level 1
Katya Martin Level 1

Contact emails:

qrwc1@optusnet.com.au Membership, coaching or general enquiries about the club
racewalkqld@outlook.com Articles for the newsletter, to send in results, to join newsletter mailing list.

About us

Racewalking Queensland conducts its own winter road walk programme from April until September. Thank you to all our contributors of results & reports to this newsletter. We value your input.

For news and information on the Australian Federation of Race Walking (Racewalking Australia) and the member clubs go to www.rwa.org.au

RWA Facebook page <https://www.facebook.com/racewalkingaustralia/>